

End of Term Reflection

Reflection is an important part of our role as teachers, educators and leaders. It enables us to identify opportunities and challenges, to stretch and grow as individuals and also with our learners and in our teams.

Here is a tool that you might like to use as you finish a term/quarter or before you start a new term/quarter. Here are a few suggestions to support you to use this tool. You can use this tool for yourself as an individual or complete it as a team.

Successes, Wins, Joys

- Record the things that have gone well over the last term, this can be things that have gone well for you, for your learners, for your school...
- There is no judgement here- the size of the joy doesn't matter, in fact the little things can sometimes make a big difference

Challenges

- Record what has been frustrating, challenging, difficult or hard for you

New Learnings

- What have you learned this term? Perhaps in courses you have attended or in something you have read or watched

Wonderings

- What are you left wondering about as you reflect on the term? Perhaps something has made you curious and it might prompt your thinking going forward

Insights for Next Term

- What have you noticed this term that you will use to inform your practice in the next term... these might be insights about learner needs, it may be insights that could improve interpersonal communication and relationships, it could be insights about managing your workflow and your wellbeing...

A Goal for the New Term

- Remember that a great goal need to be SMART...
 - o **Specific**- it clearly shows what you want to achieve (paint the picture)
 - o **Motivated by your values**- it should align with what is important to you
 - o **Adaptive**- it is going to make your life better
 - o **Realistic**- it is achievable with the time and resources you have available at the moment
 - o **Time framed**- a clear time frame helps keep us motivated

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Successes/Wins/Joys

Challenges

New Learnings

Insights for Next Term

Wonderings

A goal for the new term: